

Myka's Gymnastics Journey

By Larry and Teri Richman



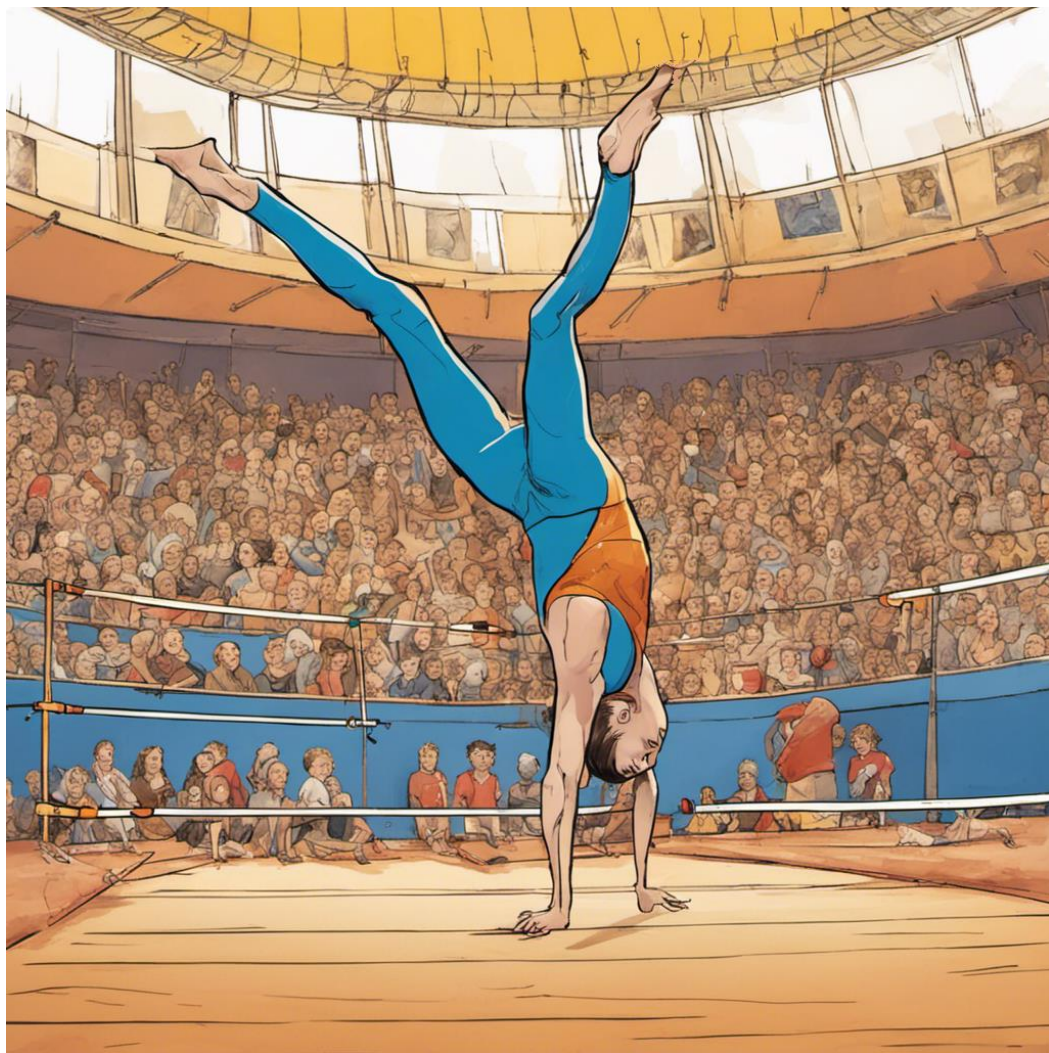
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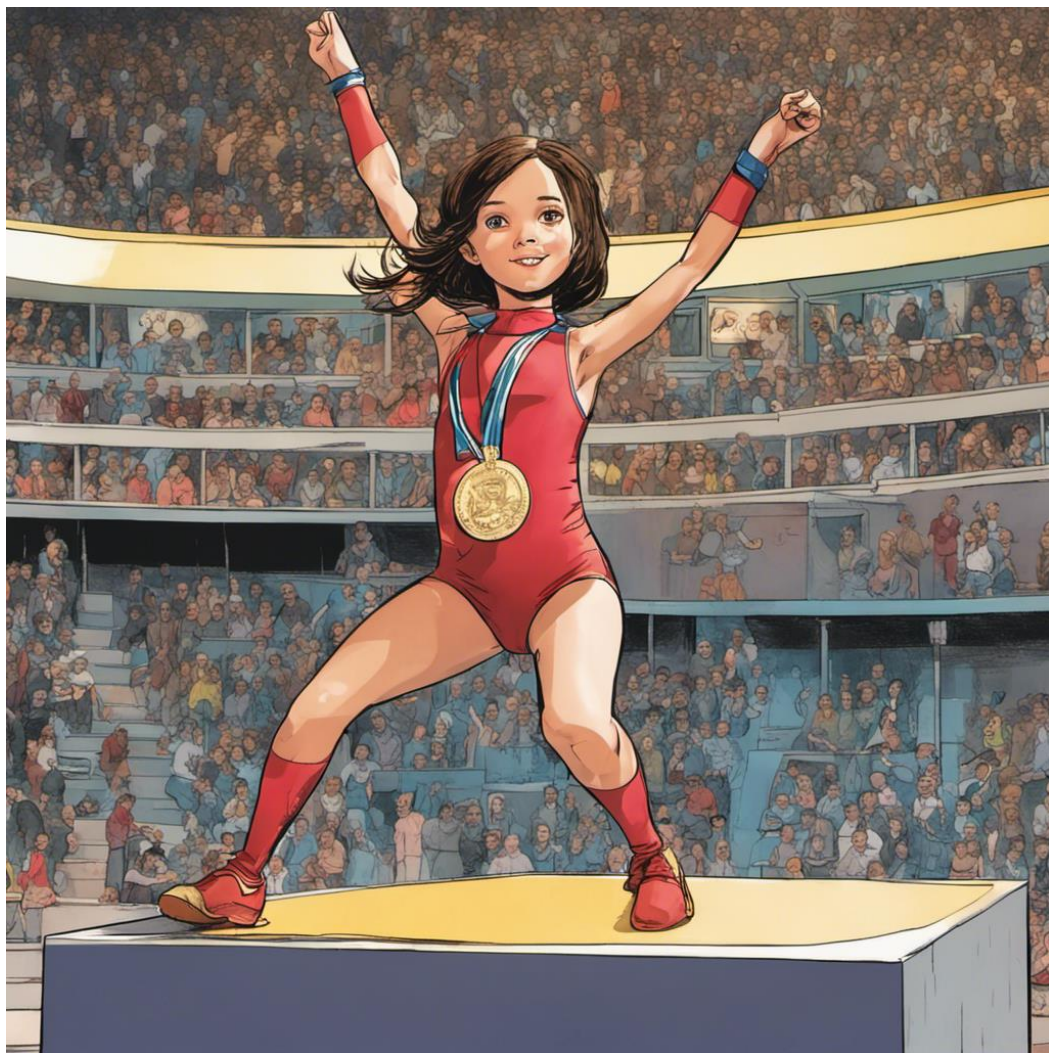
Meet Myka

Myka is a spirited 9-year-old with dark brown hair that bounces as she moves. Myka's heart beats for one thing—gymnastics! Her days are filled with flips, twirls, and daring adventures.



The Gymnastics Spark

Myka's love for gymnastics began when she watched a gymnastics competition on TV. The way the gymnasts tumbled and soared through the air ignited a fire in Myka's heart.



Gymnastics Dreams

Myka dreamed of leaping like a graceful gazelle and balancing like a tightrope walker. She imagined herself standing on the podium with a gold medal around her neck.



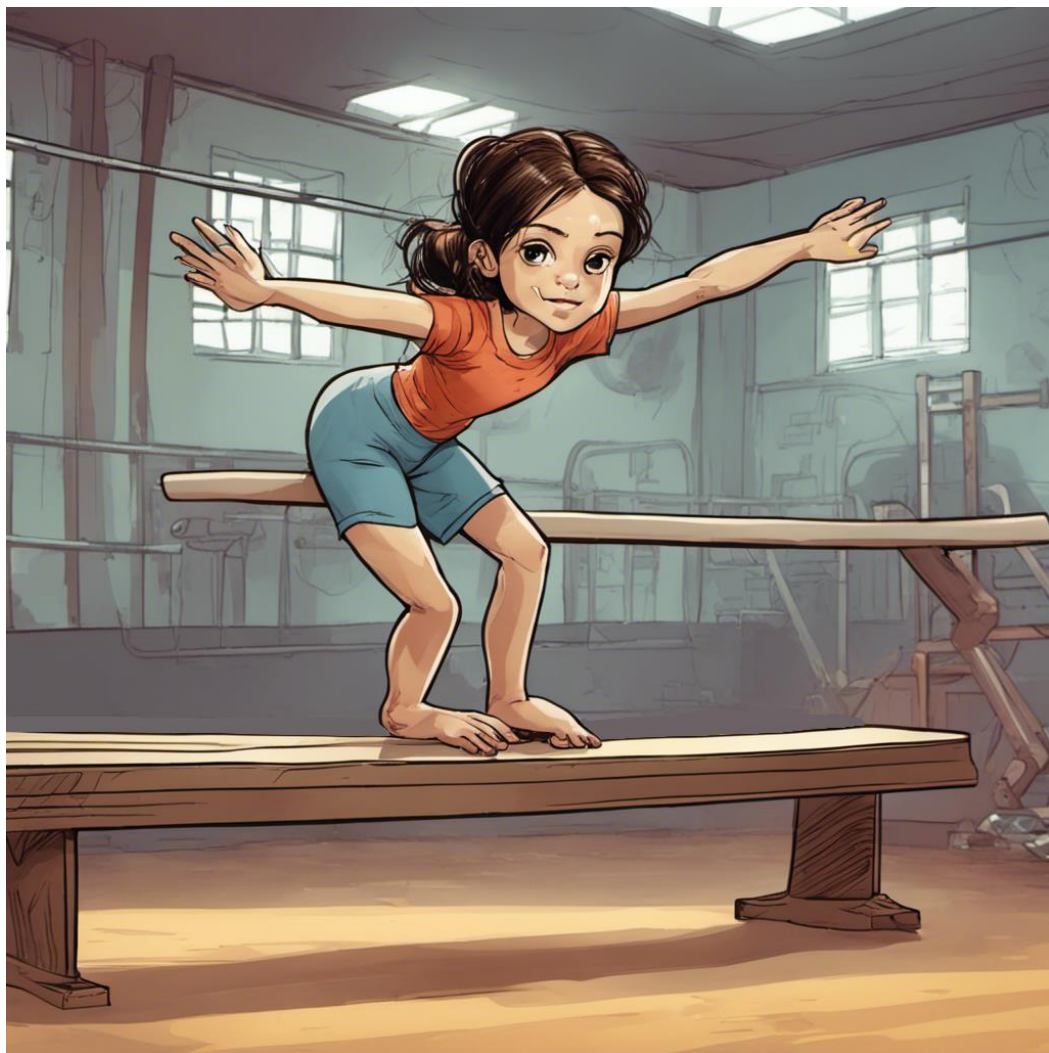
Gymnastics Beginnings

One day, Myka's parents enrolled her in a gymnastics class. Her heart raced as she entered the gym, ready to learn and make her dreams come true.



The Tumbling Tornado

Myka's favorite part of gymnastics was tumbling. She practiced cartwheels, round-offs, and handsprings until she felt like a tornado of energy.



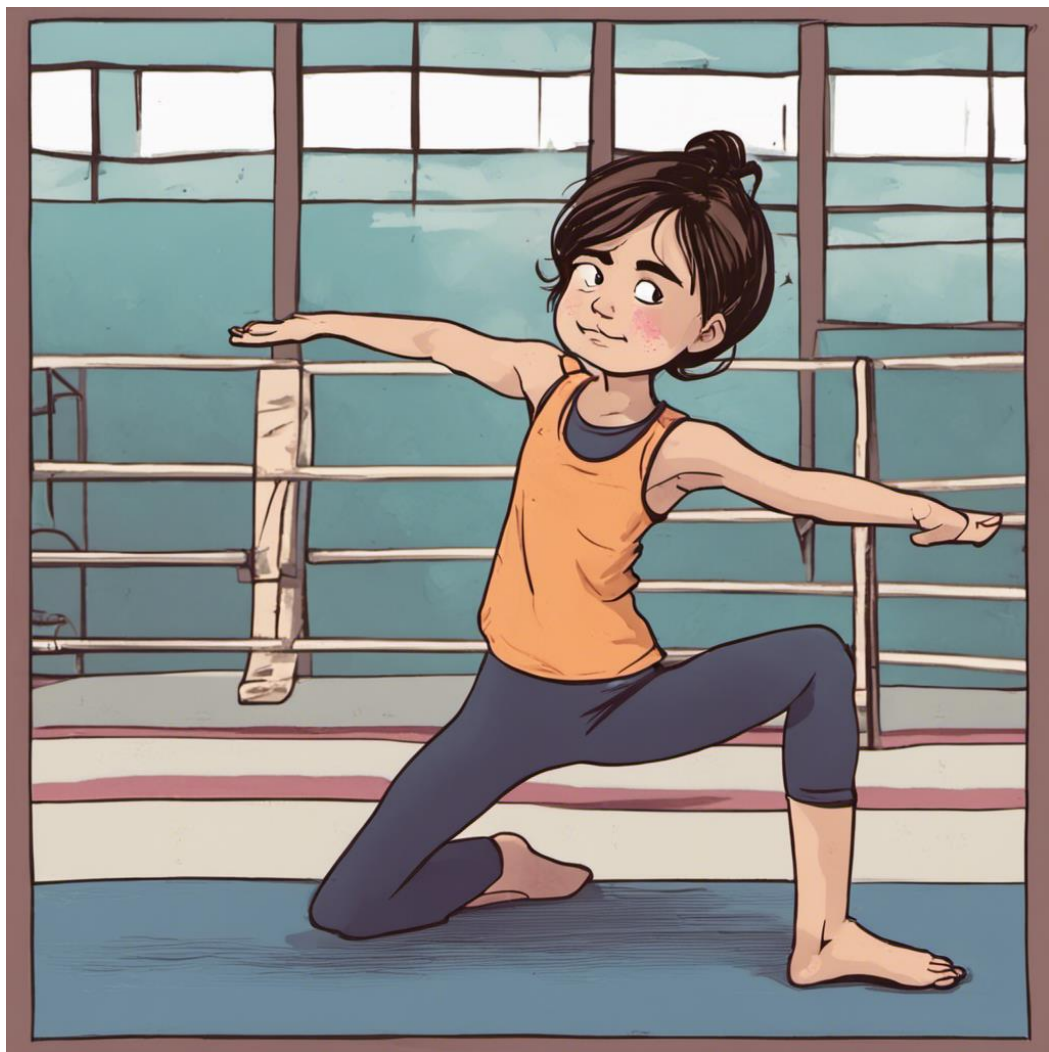
The Mighty Balance Beam

Myka faced her fears and conquered the balance beam. Step by step, she learned to walk, jump, and even do somersaults on the narrow beam.



The Bouncing Vault

With determination, Myka practiced her vault. She sprinted down the runway, launched off the springboard, and soared over the vaulting table like a superhero.



The Art of Flexibility

Myka discovered the importance of flexibility. She stretched her muscles every day, working towards splits, jumps, and backbends that amazed everyone.



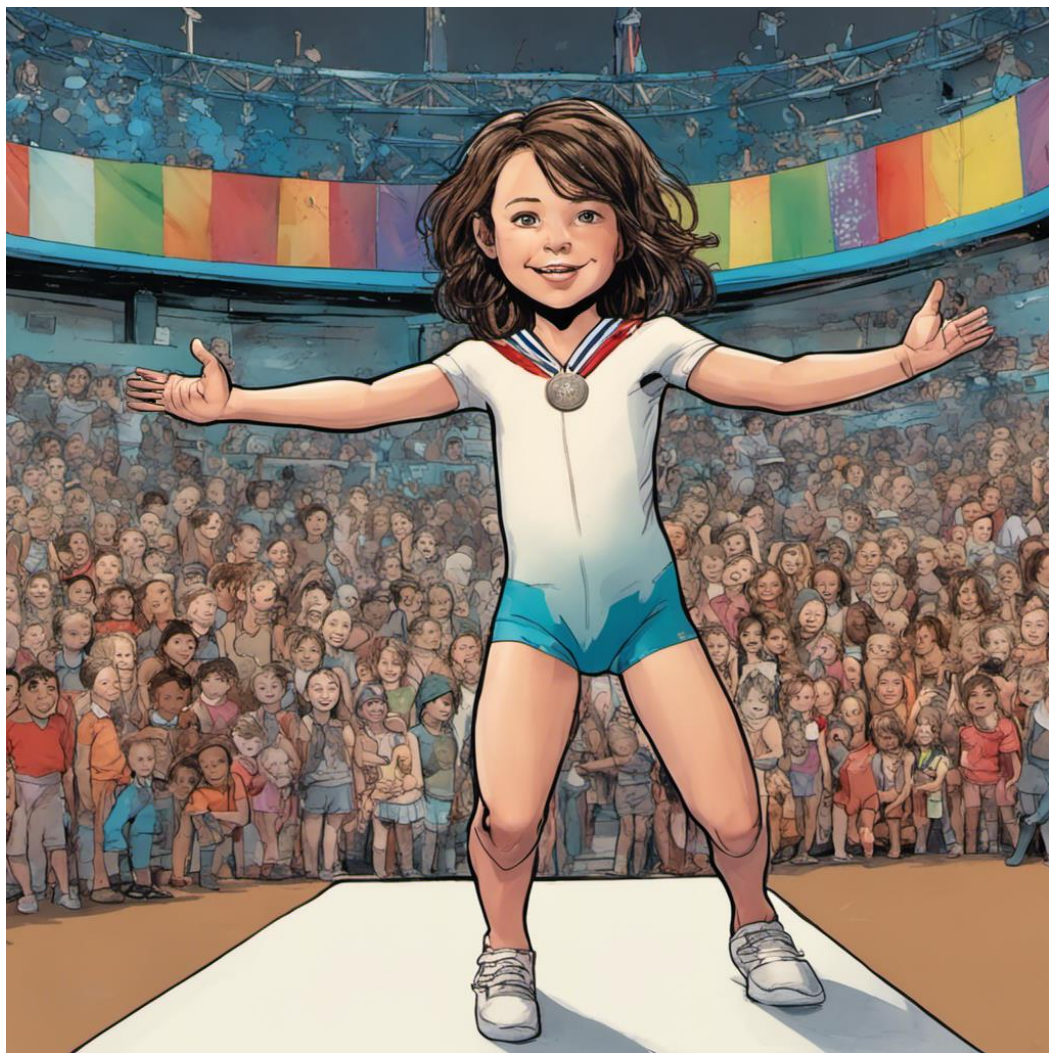
The Gymnastics Friends

At the gym, Myka made friends who shared her passion. They laughed, cheered each other on, and practiced routines together.



The Glittering Competition

Myka's hard work led her to her first gymnastics competition. With her dark brown hair pulled back in a ponytail, she performed her routines with confidence and grace.



Gymnastics Triumph

Myka's efforts paid off when she won a silver medal in her age group. With a proud smile, she knew that every cartwheel, jump, and flip had brought her one step closer to her gymnastics dreams.

Myka's journey with gymnastics was a story of perseverance, friendship, and the joy of pursuing her passion. Myka knew that the world of gymnastics was a place where dreams soared and hard work paid off.

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Printed in the United States of America